

WREXHAM GLYNDWR UNIVERSITY

FREE 1 DAY SUMMER FOOTBALL COLLEGE

12th AUGUST 2019

To celebrate our degree course, '**Football Coaching and the Performance Specialist**' Wrexham Glyndwr University would like to invite everyone aged 16+ to participate in a **FREE** 1 day Summer Football College at Wrexham University and the brand new Colliers Park training ground!

We recognise the importance of sport in life – staying active, creating social bonds, and helping you to develop your potential. If you love football and want to help others develop their interest, skills and talent in any sport then this is a great opportunity for you! Each morning the course will introduce you to a range of skills for coaching, working at a variety of levels, including community & performance.

This course will:

- Develop your coaching and planning skills
- Introduce you to coaching and football science
- Enhance the importance of creating strong relationships within a sport environment
- Promote the benefits of community sport development

The course will run from **9am - 4pm 12th, August** based at **Wrexham Glyndwr University Sports Hall**.

The course will also include other workshops including student life, and careers in sport.

There are **no entry requirements** for this course, however you must be **aged 16+** and living within Wales.



To secure your place, contact **Sarah Gaffney** on **01978 293575** or email s.l.gaffney@glyndwr.ac.uk

Although this is not a validated programme, learners will gain a certificate of participation from Wrexham Glyndwr University which can be used as evidence of experience within the field and will build CV experience.



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